

COVID-19 Health Symptom Checklist¹

The symptom checklist below will be reviewed upon arrival with all visitors, as follows:

- With the parent or other visitor, using the criteria for age 18 or older
- With the parent *on behalf of the child*, using the criteria for younger than 18

A student, staff member, or essential visitor must stay home, or not be admitted, if they

Are age 18 or older, and they are experiencing ANY new or unexplained symptoms from the list below.

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| • New or worsening cough | • New loss of taste or smell | • An unusual amount of tiredness |
| • Shortness of breath/ difficulty breathing | • Chills | • Nausea or vomiting |
| • Fever (measured at 100.4° Fahrenheit or greater, or subjective) | • Muscle or body aches | • Runny nose or congestion ¹ |
| | • Headache | • Diarrhea |
| | • Sore throat | |

Are younger than 18 and they are experience ONE new or unexplained symptom in the red box or any TWO new or unexplained symptoms in the blue box.

ANY OF THESE RED FLAG SYMPTOMS:

- New or worsening cough
- Shortness of breath/ difficulty breathing
- New loss of taste or smell
- Fever (measured at 100.4° Fahrenheit or greater, or subjective)

AT LEAST TWO OF THE FOLLOWING SYMPTOMS:

- Chills
- Muscle or body aches
- Headache
- Sore throat
- An unusual amount of tiredness
- Nausea or vomiting
- Runny nose or congestion
- Diarrhea

As part of DCPS health guidance, **Early Stages is required to visually inspect every child for signs of illness** at the time of the visit. Early Stages staff will look for the following symptoms:

- Fever of 100.4 or greater (temperature check with a non-contact thermometer)
- Coughing (if observed, we will ask you if it is new or worsening)
- Runny nose or congestion²
- Vomiting

If you or your child has a pre-existing health condition that presents with specific COVID-19-like symptoms and a healthcare provider has provided written or verbal documentation that those specific symptoms are not due to COVID-19, please bring that documentation with you. In these cases, we can proceed with the appointment.

¹This is based on OSSE's *COVID-19 Exclusion and Dismissal Criteria Protocols for Schools*, updated 9/15/2021.

²If the runny nose is circumstantial (e.g., after being outdoors in cold weather, after being upset, etc.) and temporary (subsides within 30 minutes), and there are no other COVID-19 symptoms, then the individual does not need to be excluded.